

Readings for Sunday, June 19, 2022

A Quote from Brené Brown on Masculinity

The truth is, men don't need the love of power. They need the divine power of love. When love is gone, all that's left is the power of a messy, scattered, and unconscious masculinity. So, embrace divine masculinity. It allows men to take action and not resort to anger or aggression. There is a choice to be divine masculine men.

The universe has not created separate human beings. We are divine beings. Let's not try and split that because in doing so, there becomes a battleground in every man. Let us just accept men as they are. The burden of unnecessary heaviness must not be put on them. They don't need to become too many things for people who seem to put grades on them. It is our responsibility to make them feel safe about self-expression.

Men are not trained to release their emotions and are not allowed to express their emotions. This is the very recipe to cultivate more anger, the very reason for violence and aggression around the world.

Wendell Berry

in *The Unsettling of America: Culture and Agriculture*

If we removed the status and compensation from the destructive exploits we classify as "manly," men would be found to be suffering as much as women. They would be found to be suffering for the same reason: they are in exile from the communion of men and women, which is their deepest connection with the communion of all creatures.